

# *Caffeine and Critical Research:*

WORKSHOP HEALTHY  
RELATIONSHIPS IN THE  
POST-DIGITAL ERA



FRI-SAT AUGUST 7-8

UNIVERSITY OF BERN MITTELSTR. 172

# HEALTHY RELATIONSHIPS IN THE POST-DIGITAL ERA - AUGUST 7 2026

## ABSTRACT

THIS WORKSHOP BRINGS TOGETHER EXPERTS IN DIGITAL MEDIA AND ONLINE MASCULINITIES WITH EXPERTS AND PRACTITIONERS IN EDUCATION, TEACHER EDUCATION AND MEDIA LITERACY. WE WILL UPDATE EACH OTHER ON CUTTING EDGE RESEARCH ON CURRENT STATE OF "MANOSPHERE" AND THE "GERMANOSPHERE" WHICH YOUNG PEOPLE MAY INTERACT WITH AND USE THIS TO DEVELOP ACTIONABLE STEPS TO IMPROVE SOCIAL-EMOTIONAL LEARNING AND MEDIA LITERACY FOR YOUTH. ACROSS THREE WORK SESSIONS OPENED BY EXPERT KEYNOTES, WE WILL IDENTIFY RESEARCH THEMES, INTERVENTION SITES AND IMPLICATIONS, AND GRANT OPPORTUNITIES. WE WILL LEAVED POISED TO WRITE EFFECTIVE GRANTS WITH STRONG FUNDING POTENTIAL

: 9:30 WELCOME, COFFEE, GOALS SETTING

10 AM: 15 MINUTES PRESENTATIONS ON THE STATE  
OF THE:

MANOSPHERE (MEGAN)

INTERSECTIONALITY AND ORGANIZATION STUDIES  
(ANUKRITI)

11 AM DISCUSSION:

IDENTIFY RESEARCH THEMES. WHAT ARE THE  
BIGGEST CHALLENGES IN UNDERSTANDING HOW  
YOUNG PEOPLE INTERACT WITH THE  
MANOSPHERE? WHAT DO CURRENT  
RADICALIZATION NORMALIZATION MODELS MISS?

LUNCH 12-1

1: INFORMATION SESSION 1: STATE OF THE  
SCHOOLS (LEADERS - ANDREAS, OLIVIA?)

KEYNOTE: SOCIAL EDUCATION /HEALTHY  
RELATIONSHIPS (ANDREAS 20-30M)

IDENTIFY INTERVENTIONS & IMPLICATIONS:  
WHAT SCHOOL AND NONPROFIT RESOURCES  
ALREADY EXIST FOR STUDENTS? WHAT IS THEIR  
CURRICULA AND PEDAGOGY? WHAT GAPS OR  
FLAWS DO WE IDENTIFY? WHAT WOULD WE WANT  
IN SCHOOLS?

COFFEE PAUSE

3 PM INFORMATION SESSION 2: GRANTS

KEYNOTE: GRANTS IN THE DACH (SPEAKER TBD)  
IDENTIFY KEY GRANT RESOURCES, DEADLINES,  
AND OUTLINE PLANS FOR WRITING.

-WINE TIME -

SATURDAY: GRANTS WRITING 9-3PM  
THEN MORE WINE